



Wednesday
April 2nd, 2025

Heritage Woods
Secondary

“WE ARE KODIAKS”



Bell Schedule

Block 1	8:00 – 9:12
Block 2	9:16 – 10:28
FLEX	10:28 – 10:57
Block 3	11:01 – 12:13
LUNCH	12:13 – 12:53
Block 4	12:57 – 2:09
Block 5	2:13 – 3:25



My Weekly Planner Flex Booking System

- Follow the link below (also found on HWSS) website
- Log in with your student number and password
- Enter numbers only for your student number
- Your default password is your student number
- Set new password on first log in
- Instructions to book your flex space were emailed to you

<https://hwss.myweeklyplanner.net>

FLEXpectations



- Attend one of your 4 classes
- The Grand Hall is for Grade 12's only
- The Library is a place for quiet work and is for Grade 11's & 12's only
- Flex is less than 30 minutes, and you are to remain in one class
- Flex is instructional time = Cell phones stored

Please be respectful
and refrain from
parking in the
handicap spots
located at the back
of the school.
Unauthorized
vehicles may be
towed at the
owner's expense.



Thank you for your cooperation!

HERITAGE WOODS SECONDARY

AFTER GRAD HOLLYWOOD EVENT

JUNE 7TH 2025 | 11:00 PM TO 3:30AM
TICKETS ON SALE APRIL 5TH
SCHOOLCASH ONLINE \$85

EARLY BIRD BONUS
PURCHASE YOUR TICKET BY MIDNIGHT ON APRIL 11TH
FOR A CHANCE TO WIN YOUR TICKET PRICE BACK!!

CASINO TABLE & DEALERS

WIPE OUT

DJ & DANCE FLOOR

MAGICIAN

IRON MAN OBSTACLE COURSE

AIRBRUSH TATTOO

BALLOON ARTIST/JUGGLER

MECHANICAL BULL

CARICATURE ARTISTS

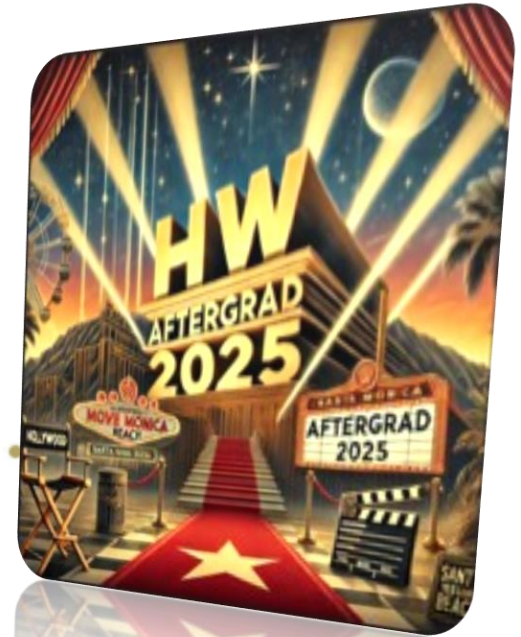
HYPNOTIST

360 PHOTO BOOTH

AIR HOCKEY & MORE

AMAZING
PRIZES

CLASS OF 2025



April 5

HWSS GRAND

SPRING TIME

THRIFT SALE

COLLECTING LIGHTLY USED
CLOTHES FOR THRIFT SALE IN APRIL

DROP OFF CLOTHES NEAR ROOM
109 IN THE GRAND HALL



April 4



Greece 2026

March 19th to 30th 2026

VISIT WWW.EFTOURS.CA/2842224VS FOR TOUR DETAILS AND INFORMATION



Don't miss out!

If you have any questions,
please see Mr. Castonguay
and/or up an application
/information package from the
PHE office



International Student Field Trip

Chinatown Storytelling Centre

- Learn about the culture and history of Vancouver Chinatown on a guided tour.
- Visit bakeries and eateries in Chinatown

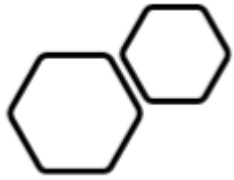
Date: Thurs 15th May

Time: 9 AM – 3 PM

Cost: \$30 (for transport and tour cost)

See Ms Lee or Ms Mak in EAL Office Rm 243 to sign up.
Deadline is Friday, April 11 for sign-up.





**Students from
Family Studies will
be walking around
the school wearing a
pregnancy belly
and/or caring for
robotic babies.**



**Please treat them as though
they are a real infant**

I think the students below are
totally awesome.

Culture Club caught them doing some great
things, such as saying 'thank you', helping others,
stacking chairs, and returning lost/found items to
the office.

Zoey L.
Tucker H.
Matteo R.
Matthew J.
Taisei T.
Matthew C.

To pick up your prizes, come to the main
office before Block 2, during FLEX, or at
Lunch.



International Student Summer School Registration



Attention all international students:

Summer school registration is now open!!

Please click on the link for information on the courses offered – [Summer Program – Coquitlam School District 43](#)

Please see Ms. A. Lee (Room 245) if you have questions or need help with registration.



Spring Recreation for Youth

Programs begin the week of April 7

For youth
in grades
6-12

NEW! Dance Mix	Badminton	Floor Hockey
Pomo Chefs - Diners, Drive-ins and BBQ's	Pickleball	NEW! Parkour
Standard First Aid & CPR-C/AED	Tennis	Volleyball
NEW! Yoga and Art	Pro-D Day - Babysitter's Training	

Visit portmoody.ca/signmeup to register



Tri-City Youth REACH Awards

The Tri-City REACH Awards recognize the generous contributions of individual youth, youth groups, businesses, organizations, and adult mentors in the Tri-Cities who empower, celebrate, and/or impact youth and the community in significant ways.

Submit nominations online at
portmoody.ca/youth
or in-person by Apr 25.



SCAN ME

CLUBS



SD43 CLOTHING SWAP

After Spring Break, clean out your closet and get ready to refresh your wardrobe—swap, don't shop!

SATURDAY - 12 APRIL, 2025
9:00am - 3:00pm

Location: Pinetree Secondary
3000 Pinewood Ave, Coquitlam

TO KNOW MORE:



Save money and refresh your style

Bring clean, gently used clothes

Take home new-to-you fashion

Swap new ones for free



KODIAK ATHLETICS



Tennis Team



Tennis team sign up is outside the PE office. If you have signed up, first practice is Thursday afterschool at the Port Moody Rec center courts, please see Ms. Powell if you have any questions.

Schedule will be handed out at practice.

Junior
Ultimate
Frisbee
meeting on
Wednesday at
lunch in the
weight room

April 2



CAREER CENTER



Volunteer at 5K Race at Rocky Point Park

Race Event Info

Volunteer Activities: Help with set up, take down, water station, event cheering, race medal handouts, additional event support.

- Date: April 05th 2025
- Race Start Time: 9:00AM
- Volunteer Start Time: 7:50AM
- Volunteer Finish Time: 11:00AMish
- Register via the link below.

<https://raceroster.com/events/2025/95545/royalrocky-point-race/volunteer/register>

- All volunteers will be given 4 volunteer hours for helping at this event.